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Welcome to sporty Wassenaar!!

This booklet was developed at the initiative of the Wassenaars Sportcontact, established on 1 March 1953. The aim of the booklet is to provide insight into the possibilities of organized sport and the accompanying club life.

The Wassenaars Sportcontact advises the Municipal Executive of the municipality, both solicited and unsolicited.

In the spring and autumn Wassenaars Sportcontact meets with all members. These meetings discuss current topics that affect Wassenaar Sport. Examples are:

- The accommodation and subsidy policy of the Municipality.
- Mutual cooperation between the associations.
- Specific problems that sport clubs have to deal with.
- Government regulations (OZB / Canteen management etc.)

In the meetings, local promoters of sports activities regularly explain their plans. It is our ambition to fulfill a bridging function between sports clubs, schools, youth and youth work, interest groups of older people such as the WOB and the Wassenaar Vrijwilligerscentrale.

In 2008, the tasks were taken over from the Wassenaar disabled sport. The money from this foundation is managed by the Sport Contact.

Board

The board, consisting mainly of representatives of the Wassenaar sports associations, is in principle composed in such a way that there is a balanced distribution between representatives of field, hall and wet (swimming) sports.

The information on the following pages can help you find a suitable sports club for yourself or for your family members. The associations would like to provide you with more information.

Lots of sports fun!

*Jan Pieter Becker,
Chairman Wassenaars Sportcontact*





Tri-team.nl

Loopgroep in Wassenaar

WZK Tri Team was originally registered as a triathlon club and that is why 'Tri' appears in our name. However, for many years now we have focussed on running. Our mission is to be an association that promotes endurance sport in the general sense and in particular running as well as, be a club where



everyone feels welcome and at home, both socially and part of the team. We have approximately 100 members aged from 17 to 70 years and we cover all levels of experience from beginners to competitive runners under the guidance of qualified trainers.

The clubroom, known as 'De Bovenkamer' (The Room Above), is located at the Wassenaar swimming pool, the Sterrenbad. From here we are able to choose many different running routes within our beautiful surroundings for the twice weekly

training sessions. These are held every Tuesday and Thursday evenings at 7PM sharp! There are also ample opportunities to go running with our members in the forest, the dunes and/or on the beach at the weekends.

You are absolutely welcome to join us for a few trial runs to see how you go. No charge for the first few, just come along on either Tuesday or Thursday evening. The running groups start at 7PM from outside the Sterrenbad swimming pool so come up to the clubroom 10 minutes early so we may introduce ourselves and assign you to the right run group level.



De costs of the annual membership, the one-time registration fee and – if desired - a competition license fee with the Dutch Athletic Union (if you are keen to run in races throughout the Netherlands) are on the [website](http://www.tri-team.nl) (menu: lid worden or menu: English).

Contact information: www.tri-team.nl or send an email to secretaris@tri-team.nl





Badmintonclub Wassenaar was founded in 1974.

There are various possibilities to play badminton, for young and old, for strong and beginning. The youth members play on Saturday morning, which can be done on a recreational basis but also as a competition player. The youth-league players train once extra on the Monday night.

The seniors play recreational on the Monday night, the league players train that evening and can also play on the Wednesday evening. The league matches will be played on Saturday.

Even more recreational badminton is possible among the over-55s. On the Wednesday morning they have their own two hours.

If you want to know more about badminton in Wassenaar, go to www.bcwassenaar.nl for the latest information or send an email to info@bcwassenaar.nl.

Of course you can come and see for free and play along on one of our playing days.

Badminton club Wassenaar plays in the "De Schulpwei" sports hall at the Dr. Mansveltkade.



WZK Dance and Aerobics



Aerobics / steps

Monday evening 20.00-21.00
Location St. Bonifaciuschool
Kloosterland 5
Wassenaar

Jazzdance

Tuesday evening 20.00-21.00 uur
Location St. Jan Baptistschool
Anemonenweg 17
Wassenaar



E-mail WZK.dance.aerobics@gmail.com
Internet: <http://wzk-dance-aerobics.nl/>

Dance and Aerobics is an association for women over 18 years.

Dance and Aerobics is part of OMNI WZK

p.s. Dutch is the official language.



The Haagsche Golf & Country Club was founded in 1893 at Landgoed Clingendael in The Hague and is the oldest club in the Netherlands. It was a 9-hole course in those years. In 1924 was expanded to 18 holes open next to the estate.

In January 1943 the job was requisitioned by the Germans. In December 1943 the beautiful clubhouse was bombed and eventually in the war job and clubhouse were destroyed.

In 1947 the Haagsche found a new location on the grounds of the de Wildhoeve estate on the Groot Haesebroekseweg in Wassenaar. During the construction of the course, designed by the golf architects Harry Colt and Hugh Alison, the undulating dune landscape has been maintained so that a very natural environment has been maintained.

Every hole is completely different, offers its own view and is always a new surprising challenge.

At the centenary of the Society in 1993 the predicate Royal was granted.

For many years the KHG & CC has been chosen as the most beautiful job in the Netherlands. In 2015, the KHG & CC ranked 92 for the first time in the Top 100 best jobs in the world. The track is now in 82nd place.

The KHG & CC is a club with a flourishing club life. There are around 1250 golfing members and 250 country club members, for which competitions and events are organized.

The association has about 30 committees on the board in which members voluntarily contribute to club life and the proper functioning of these committees. Committees include the Contest Disability and Rule Committee, Women's, Youth, Terrain, Tennis, Bridge, Events and Technical Competition committees.

The club magazine Approach appears 6 times a year.

The secretariat acts as the hub for management, committees and members.

At the KHG & CC the emphasis is on golf. Within the Netherlands, the KHG & CC plays an active role, also in the area of Top golf. Almost 30 competition teams (including a number of youth) take part in the national NGF competition.

Information about the procedure to become a member can be found on the website (www.khgcc.nl) of the association.



Rozenstein is an 18-hole golf club located on the northern edge of Wassenaar. The course has a park-like character with slightly sloping fairways and greens and lots of beautiful water features. There is also a 6-hole putt and pitch course, a driving range and various other practice facilities. The 18-hole course has the A-status. Rozenstein is proud to have a GEO certificate. This proves that it consciously deals with nature and the environment.

Rozenstein has almost 1200 members, with young people being well represented. Much attention is paid to educating the youth. Many expats live in the vicinity of Wassenaar; there is an adjusted attractive membership for them. Approximately 65 new members are admitted every year, the aim being that the total number of members remains the same.

The clubhouse has a cosy restaurant with excellent service and where delicious food is served. The kitchen is praised in the region. The clubhouse has a societal function. Not only is it used by golfers, but also members of bridge drives are organized (whether or not in combination with golf).

The spiral is an important part of the club. The order of starting is not determined by a reservation, but by the sequence of the golf ball that is thrown into a spiral. For example, it has been realized for years that there is always a chance to play.



The club has two professionals: Eduard Schwarz and Huite Hak. Together they give substance to the Wassenaar Golf Academy. With them you can book private lessons, but they also give training to the more than 23 competition teams that represent the club annually in the NGF competition. This is usually played between the end of March and the beginning of May.

Throughout the year the club organizes competitions for members, both qualifying and fun competitions. Every year around 1 July there is the golf week, where non-members can also be invited.

In addition to the board, the club has about 28 committees, in which many volunteers engage in various facets of the club.

The secretariat consists of two friendly ladies and the job is maintained by various experienced greenkeepers.

In short, a golf club with lots of activities and liveliness and especially a good atmosphere.

A little history of Rozenstein

In the past, Rozenstein was a farm with a cow and sheep stable. Owner of the farm was and is Gerrit van Santen. This is still visible on the grounds of Rozenstein by a stable with sheep that give birth to numerous lambs in the spring. A 9-hole course was opened in 1984 but already in 1993 the course was extended to 18 holes.



Sportclub De Kieviten: Field hockey, tennis, golf

De Kieviten sports club is equipped with excellent facilities and is located in Wassenaar near the dunes and surrounded by nature.

The club, with its current membership at approximately 1700, accommodates three sports: field hockey, tennis and golf. There are three hockey fields (with artificial grass), ten tennis courts with lighting and a golf course with nine holes par three, as well as a driving range.

History

De Kieviten was officially founded as a field hockey club on November 6th, 1926. In 1936, the club moved to its present location, the Schulpwei. In 2016, the club recognized its 90th anniversary. In 1964, the board began the construction of the first four lawn tennis courts. In 1984, the first artificial hockey field was created, followed by the second in 2001, and the third in 2010. In 1970, the club house was constructed, and later, in 1975, and 1977, the sports hall for hockey and tennis, as well for squash which is no longer part of the club (the former squash rooms are now used for the 'Extreme fit' fitness centre). Due to the construction of artificial hockey fields there became more room available for golf course. De Kieviten operates as an 'omni-club' which means that members pay an annual basic fee, and in addition pay fees for their chosen sports. This makes participating in more than one sport more advantageous with relatively lower fees.

The three Sports:

Field hockey: According to the national field hockey board regulations, competitive field hockey matches are played on Saturdays and Sundays. De Kieviten members participate both in outdoor field hockey matches and in the indoor hockey competition in the sports hall during the winter season. Training and instructional meetings, including instruction for referees, are organized during weekdays. De Kieviten has a considerable large section for youngsters. On Saturdays, the hockey facilities are fully used for matches. Youngsters can start registering as members from the age of 5.

Tennis. The Kieviten members of the tennis section are welcome during all seasons, both indoors and outdoors on the hard-court and clay courts. Teams of the section are active in the competitions organised by the Dutch Tennis Association (KNLTB).

From April to September, 17 lessons are scheduled excluding statutory holidays and summer holidays. Two well qualified trainers are active in the tennis department: Jacques Schoelink and David van Veen. The tennis department not only organizes competitions, but also oversees numerous other events throughout the year.

Golf. De Kieviten has an exceptional a golf course with nine holes and a driving range. A qualified golf professional, Eric Kruyning, is available for lessons. The department organizes numerous activities and tournaments during all seasons. On Monday mornings, from 9.30 – 13.00, members have the opportunity to participate in club matches (handicap 36 or below). Each Tuesday morning, from 10.00 - 13.00, members with a handicap of 54 can play. Members with a handicap of 11.4 or below can participate outside competition. Every Thursday morning from 9.30 -13.00 members with a handicap of at least 54 can join. Every Sunday, morning from 9.00 - 12.30, members with a handicap of at least 54 are welcome.

De Kieviten has an inviting clubhouse with a welcoming bar, where lunch and dinner service is available. The clubhouse is open daily, from 9.00 to 24.00.

Contact:

Sportvereniging De Kieviten, Dr. Mansveltkade 11, 2242 TZ Wassenaar

Club administrator: Ammar Nafawa, 070-5142430 (office hours), or mail info@kieviten.nl



WZK Underwater sport *the diving club of Wassenaar!*

Why come to dive with us? Because....

- ✓ Wassenaar has a beautiful swimming pool where we train every Wednesday evening from 21:00 to 22:00 hrs.
- ✓ Maybe the house is close?
- ✓ Omni association WZK has a sports diving department?
- ✓ We have experienced instructors?
- ✓ That all are volunteers?
- ✓ As a result, training can take a bit longer?
- ✓ You think you need extra time, attention and guidance?
- ✓ They also have experience with diving with disabled people?
- ✓ Safety always comes first?
- ✓ We have our own compressor?
- ✓ Diving in the Netherlands is very cool and even in our immediate surroundings beautiful underwater life can be admired?
- ✓ Do we regularly go diving with club members abroad?
- ✓ We have a nice offer for you in the form of a total package to obtain your first diving license?
- ✓ You do not even have to come diving, but also for snorkeling can come to us to start cautiously or because you want to be well prepared for vacation?
- ✓ You have not dived for a long time and you think a refresher course would be handy?
- ✓ You may already be able to dive but you can also come to us for higher education and specializations for your further education?
- ✓ Does a recognized resuscitation course just belong to your membership?
- ✓ We already offer a very complete Open Water course for beginners for 399 euros!
- ✓ You as a diving member also NOB member and you get a beautiful monthly magazine and access to a lot of online information!
- ✓ An NOB license is recognized worldwide!
- ✓ As a NOB member you are insured worldwide for decompression treatments and liability!
- ✓ You wonder why you do not just make contact with us to hear, see and experience more ... or come by for a test dive!

You can find us at <https://www.wzk-onderwatersport.nl> or www.facebook.com/wzkonderwatersport.

*The NOB is recognized by the Ministry of Health, Welfare and Sport and affiliated with the sports umbrella organization NOC * NSF, the world diving federation CMAS and the European diving federation EIJF.*

Important note: Use is made of programs from the Dutch Underwater Sport Association (NOB), all reading methods and textbooks are in Dutch. The instructors can teach in English, but without the textbooks that does not make sense.

Paardensport Vereniging Koningin Emma

PV Koningin Emma is a Wassenaar equestrian club that celebrated its 80th anniversary in 2014. The association builds a bridge between the rider with his own pony or horse and the national KNHS Equestrian Federation. The driving club consists of about 120 members: adults and youth members.

When having your own horse or pony, besides care, storage and feeding, the lessons and any race licenses must be arranged. Our association provides and mediates these needs by offering various types of classes at different locations in Wassenaar and through contact with the KNHS. In doing so, we focus primarily on the recreational rider and riders in the basic competitive sport. Our association provides non-profit education which allows us to keep our lesson fees low. For the most recent contributions and lessons we would like to refer you to our website www.koningin-emma.nl.

Our lane "De Akker-Santhorst" is a beautiful area, located in the middle of the forest on the Papeweg and is easily and safely accessible by trailer or on horseback. The road is regularly maintained and can be used by our members almost all year round thanks to good lighting and irrigation installation.

Horse riding is an individual sport, but in order to strengthen the social aspect too, our association organizes all kinds of local and regional events. To name a few regularly organized events: competitions, organized outdoor rides, the ring sign during the Wassenaar Oranje-feesten, the annual Ruiteravond with stage and party night, NLdoet and for example a BBQ for members and their partners. Our association also organizes the Combined Competitions in the Vlietlanden where various national championships are held. And further: in and out of mayors and performances at local celebrations!

Our association enjoys a broad interest and appreciation from both the local society and the local authority. This means that there is an active association, both inside and outside the association frameworks.

If your interest has been raised or if you want more information, please refer to our website www.koningin-emma.nl for more information or registration.

The board hopes to welcome you as a member of our cosy association, or as a spectator / participant in one of our many activities!



For more information: www.koningin-emma.nl
bestuur@koningin-emma.nl



Sportshootingclub Juliana in Wassenaar was founded on November 1st 1919.

The facility consists of 9 shooting ranges of max. 50 meters and a nice cantine.

Several shooting disciplines can be done, varying from small calibre revolver and pistol to the ever more popular lever-action discipline.

If you are interested you are welcome to visit our club, preferably by appointment.

The club is open on Monday evening from 19:30 and Saturday in the afternoon from 15:00.

Visiting address:

Dr. Mansveltkade 3,
2242 TZ in Wassenaar, behind sports hall "de Schulpwei"

Mail address:

Postbox 2045,
2240 CB in Wassenaar

Phonenumber during opening hours: 070-5179720

www.svjuliana.nl secretaris@svjuliana.nl

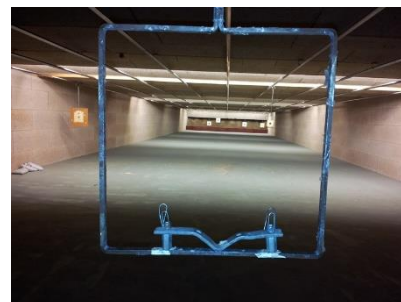
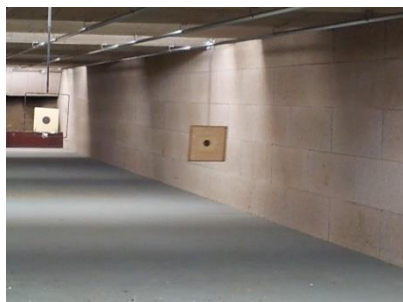




Table Tennis Club Snel en Lenig

Table Tennis Club Snel en Lenig (SEL) has been a household name in Wassenaar for more than fifty years. On September 25, 1967 the club was founded. During these years, many people have played table tennis with great pleasure. The club offers both the possibility of recreational and competitive play.

Currently there is one competition team that participates in regional competitions. Throughout the year various events are organized for members such as: the Laughing-out-loud-Tournament, the Club Championship and the Bring-a-Guest-Tournament.

You can play table tennis every Wednesday evening from 20.00 to 22.00 at Sporthal De Schulpwei, Dr. Mansveltkade 1 in Wassenaar. A trainer is present for the necessary guidance.

The contribution is € 57.50 per half year. The minimum age is 16 years. If you are interested, please contact the chairman Richard Deighton for more information: tafeltennis@snelenlenig.nl.

You can also check out the website of Snel en Lenig: <https://www.snelenlenig.nl>.





Tennis club Oud-Wassenaar

The leafy Lawn Tennis Club Oud Wassenaar was founded on 9 September 1950. The old concrete tennis courts, constructed by Kasteel Oud-Wassenaar around 1900 for its hotel guests, were then replaced by clay courts. The location at the rear of Kasteel Oud-Wassenaar and with the entrance to the rustic Groen van Prinstererlaan is without a doubt charming and intimate. The centrally located club house with its original details still breathes the atmosphere of half a century ago, the beautiful thick oak trees in the park are still living proof of that! A bit of tradition can also be found in the color of the tennis clothing of the members: white. It is a modest park with 7 clay courts where the members like to come, either as an active sportsman or as a spectator. There is also good care for the inner man; from morning to evening you can go for coffee, lunch, tea, drinks and dinner. Even people from outside have already found their way to the park for that reason ... The park is not open all year, but is accessible from an annual opening and closing date, resp. late March and mid-October.

The ages of the members vary from young to (very) old, but the members are very active. In addition to recreational tennis (often fanatical ...), several teams participate in competition tennis, juniors and seniors, and at all levels. The first men's team on Saturday plays in the Premier League, a pleasure to watch. There are also various activities such as racket racking, a (v) real-life tournament, club championships, a family-friend tournament and an open tournament. The charity is not forgotten: in recent years there was a lottery, the proceeds of which were for the Richard Krajicek foundation. For members (both juniors and seniors) who want to be even better, there are excellent tennis teachers available.

You are welcome to come and meet us. If you subsequently decide to become a member, you must take a waiting time into account. That could be better; at registration we can inform you about this. Meanwhile, there is already the possibility of a summer membership. Summer membership covers a period of 6 weeks and runs from mid-July to the end of August. Those who are on the waiting list are eligible for this. Registration is via the members administration (ltcoudwassenaar@gmail.com). The costs are € 60.00 and a deposit for the membership card of € 10.00.

We hope to welcome you soon at our park!

Intimate, atmospheric and hospitable, play tennis at Park Marlot

Park Marlot is known as one of the most beautiful tennis parks in the Netherlands. With six clay courts, the club is intimate and atmospheric. Especially the conviviality and welcoming atmosphere stand out. New members therefore quickly feel at home. The park is located in a green area, on the border of Wassenaar and The Hague. The club is easily accessible both by car and by bike.



The monumental clubhouse and the sunny terrace form the center of the park. Here Marlotters spend a lot of hours before and after playing tennis. With a good cup of coffee, a beer with bitterballen or a delicious Indian plate.

Age plays no role at Tennisclub Park Marlot. Our youngest member is 4 years old, the oldest member 86. Some members play fanatical competition, others choose the relaxed hussels on Monday evening and Wednesday morning. Every year many activities are on the program. The club championships and the famous Open Tournament. But also the family tournament, parent-child tournament and the tennis camp for youth.

[illegible]

Long wait for a job is not at Park Marlot. According to many members, this is a big advantage of the club. On the four tennis courts with lighting it is possible to play until 23:00. Do you have questions? Would you like to come and play at Park Marlot without any obligation? Call our clubhouse or mail to bestuur@tcparkmarlot.com



Blauw-Zwart, founded on June 29, 1921, takes on some 35-40 teams every year in the KNVB competitions. For this the club has 5 playing fields at its disposal, of which two synthetic turf pitches. The matches are played on Saturday. The fun in football comes first, each at his own level, both with the seniors and the youth.

The club has more than 750 members, the majority consisting of youth members. The youngest youth, the Kabouters (4 years) and the Mini's (5 years) do not play KNVB-competition, but have competitions on Saturday-morning. In addition, a number of senior teams including veteran and women's football.

For some years, the youth department of rksv Blauw-Zwart has been working with a head of youth football and there is extra football technical and organizational attention for the youth to promote the promotion of their own talent.

The training takes place under the guidance of well-motivated, KNVB-certified trainers. They also supervise the trainers of the non-selection teams.

Blauw-Zwart has a large number of volunteers, but complementing our volunteer team always remains necessary. People are needed in all kinds of areas: ground maintenance, canteen occupation, training, referees, team leaders etc.

All members are expected to periodically do something for the club.

In addition to the normal football activities, the Activities and Tournament Committees organize the following activities:

- football tournaments in the month of May, both out and at home. (sometimes abroad), culminating in the international C-tournament in the Whitsun weekend.
- indoor football tournaments during the winter in Sporthal De Schulpwei.
- Open Day at the season opening.
- pancake afternoons and gourmet evenings
- game nights to strengthen mutual social relationships.
- two-day mini-camp in the autumn holidays for our very youngsters with the possibility of overnight accommodation.
- Find Saint Nicholas feast and Easter eggs for the F pupils.
- there is also a live music act several times per season after the 1st senior national competition.

In 2016, Blauw-Zwart started with the Blauw-Zwart football school. A number of Sundays per season, children aged 6 up to and including 13, including those who are not members of the club, can develop their football qualities in a playful way under the guidance of Blauw-Zwarttrainers.

All current information about the club can be found on the website: www.blauwzwart.nl. This includes the competition program, match reports, management announcements, canteen schedules, application form for membership and football school, the amount of the contribution and everything that is even more important and useful.

Blauw-Zwart is a well-organized, sociable association that stands in the center of Wassenaar society. Every Saturday members of the Board and Youth Board are present to meet you and answer your questions.

The address of Blauw-Zwart is Sportcomplex De Schulpwei, Dr. Mansveltkade 7, 2242 TZ Wassenaar.



The Sportvereniging is located in the neighbourhood Kerkehout, Wassenaar Zuid on the border of The Hague.

S.V. Wassenaar was founded as a football club on August 1, 1931, not much later the association was renamed omni presentation. The sports palette was then added in respectively 1955 and 1960, baseball for men and softball for the women / girls.

In 2016, the 85th anniversary of the football department. In 2015 the celebration of the 60th and 55th anniversary of the baseball and softball division respectively took place.

S.V. Wassenaar has a beautiful sports complex consisting of a cozy canteen, three full-fledged football fields and a football pitch for the smaller youth members. In 2015 the grass of one of the fields was replaced for artificial grass. Furthermore, it has one baseball field and one softball field.

The base / softball section delivered great results in 2016 by being champion three times in a row.

Men's 1 baseball became champion in the 1st division B of the national baseball league. This also means an automatic promotion to the second highest class (transition class) in the Netherlands. In addition, S.V. Wassenaar with the men's team also amateur champion of the Netherlands.

The ladies softball became champion in their class after an exciting course of their competition.

At S.V. Wassenaar the following sports can be operated:

1) Football section:

Gentlemen seniors, men's veterans, ladies seniors, and in youth.

There are also many expats among the youth athletes.

The ladies / girls football is also at S.V. Wassenaar in the elevator and gets a lot of attention with us.

2) Baseball softball section:

Men's baseball, youth baseball, women's softball, girls softball.

For the smallest youth members there is the possibility of honk-beeballen in a combination team with the sports association ABF.

S.V. Wassenaar has a high priority for sportsmanship and fun in all of his sports. The fact that this is also accompanied by sporting results has proven to be the case in recent years. The club aims to inspire youth sport, parent sport and community sport, but also school sports in the coming years.

For more information, visit the website www.svwassenaar.nl

Phone number is 070-5115787.

Wassenaarse Volleybal Vereniging



History

Beginning 1962 a number of sporty Wassenaar inhabitants got the idea to start a Volleyball club, a club open to all denominations. On July 31, 1962..... the Wassenaarse Volleybal Vereniging (**WVV**) was born.

What has WVV to offer?

For adults there is the option to participate in the training sessions. In addition there is the opportunity to take part in the competition in one of the teams that compete at various levels. The Nevobo (Dutch volleyball Federation) offers various courses like for trainers and referees. Our trainers and the majority of our referees are qualified.



Training times

We train on Wednesday evenings in 2 groups (mix and men competition) in sports hall 'De Schulpwei', Dr. Mansveltkade 1, Wassenaar from 20:15 pm to 21:45 pm.

Matches

WVV is a member of the Dutch volleyball union (Nevobo, region West). This means that the league games are organized by the Nevobo. The home games are played on a Friday evening in the sports hall 'De Schulpwei' and start at 20:30 hours.

Other activities

In addition to the competition and training sessions there are various other activities organized by WVV. For example, we participate in several Volleyball Tournaments where one can gain further experience of the volleyball sport.

Despite the recreational character of our club some senior teams of WVV play volleyball at a good level.

Each calendar year, we start the year with the 'oliebollen'-tournament. A tournament for members and guests in a casual atmosphere where games are played between teams of our own members and guests.

In the month of April we organize the

'Lente....Vreugd Tournament', a cosy and sporty tournament for beginning and advanced mix recreation teams (16+ years) in the sports hall 'De Schulpwei'. At the end of the season there is a barbecue for all members and their partner.



Just come along

It doesn't matter if you're a beginner or an advanced volleyball player/star. Do you want to join? Come and visit us to check out the training or, much better, put on your sports outfit and try out the training by joining it! You can participate in an introductory period of 4 consecutive training sessions without obligation and we do not charge any registration fee.

Further information required?

Please check: www.wvv-wassenaar.nl or [Facebook Wassenaarse Volleybal Vereniging](https://www.facebook.com/WassenaarseVolleybalVereniging).



The Wassenaar rescue brigade.

The Wassenaar Rescue Brigade is a volunteer association with members.

The Wassenaar Rescue Brigade monitors the safety of the bathers on the Wassenaar beach during the summer season. With a group of 90 enthusiastic lifeguards they keep an eye on the sea and the beach and try to avoid dangerous situations. The lifeguards also provide first aid when necessary. With boats, watercraft, rescue boards, rescue tubes, a car and a lot of knowledge, the lifeguards carry out their tasks voluntarily.

In addition to the beach monitoring, swimming courses are also provided.

Every Thursday evening between 6.00 pm and 8.45 pm we are present at the Sterrenbad.

After the basic training of ABC diploma, the children specialize in lifesaving through the Young Rescuers concept.

Cascade is taught how you can save yourself, save a drowning person from the shore and in the water.

The most modern life-saving appliances are used, the same life-saving appliances which are also used on the beach and in the sea.

In this way, the young people are trained in a playful manner as lifeguard.

The beach monitoring is carried out according to the international principle of zoning; a zone is marked with flags between which a lifeguard supervises.

Are you interested? If you can swim well you can always request information from our association.

Boarding halfway through the Young Savior training is possible.

Take a look around at www.wrb.biz and have a look at the Sterrenbad or during the beach season at the beach post. Interested? Then respond via info@wrb.biz and experience how great it is to be lifeguard.





Diploma Swimming

WZK Zwemmen has the vision to promote swimming in the broadest sense. As a department of Diplomazwemmen we, together with the other departments, strive for fun in swimming sports and transfer to these other departments. We work towards the different swimming diplomas, namely the swim ABC and the swimming skills certificates 1, 2 and 3, in accordance with the guidelines of the NRZ, where safety and quality are paramount.

"Get a diploma with pleasure and feel safe in the water."

This is made possible by the efforts of our qualified volunteers.

Take a look at www.wzk-diplomazwemmen.nl

Water polo

A large group of people practice water polo at WZK. The ages range from 6 years to 60+ The youngest swimmers get the polo skills learned in a playful way. Children start playing water polo on a small field with 3 to 3 players. When the children get older and bigger, they will use the entire pool for exciting matches. Both the game and the fun are very important for the water polo players. In addition to the training sessions and competitions, extra activities are regularly organized, such as a team night and game afternoon. Water polo is a great sport for people who want to be involved in a team.

Take a look at www.wzk-waterpolo.nl

Competition swimming

WZK Competition Swimming is the department within WZK that engages in competitive sports. WZK Competition swimming is open to swimmers of all levels. Both swimmers who have the ambition and the talent to reach the top as swimmers who see swimming as leisure activities are at the right address at WZK Competition Swimming. Swimmers from WZK Competition swimming participate in a variety of competitions from youth-in-training competitions to national competition and NK's.

Fun and performance go well together at WZK Competition Swimming.

If you would also like to experience some competition swimming, come try swimming. More information? Then go to <http://www.wzk-wedstrijdzwemmen.nl>.



International Sports Club
American Baseball Foundation
www.abfsport.nl



Badminton Club Wassenaar
www.bcwassenaar.nl



R.K.S.V. Blauw Zwart
www.blauwzwart.nl



Hoc. Gazellen Combinatie
www.hgc.nl



S.V. De Kieviten
www.kieviten.nl



Schietvereniging Juliana
www.svjuliana.nl



Kustzeilvereniging Wassenaar
www.kzvw.nl



TC Park Marlot
www.tcparkmarlot.com



HV Olympia '72
www.hvolympia72.nl



W.L.T.V. de Oude Eik
www.tennisparkdeoudeek.nl



L.T.C. Oud Wassenaar
www.oudwassenaar.nl



Golfclub Rozenstein
www.rozenstein.nl



Toerclub 'de Kampioen'
www.tcdekampioen.nl



S.V. Wassenaar
www.svwassenaar.nl



Wassenaarse Reddingsbrigade
www.wrb.biz



Wassenaarse Volleybal
Vereniging (WVV)
www.wvv-wassenaar.nl



WIK-Zilvermeeuwen-
Kombinatie (WZK)
www.wzk.nl



Landelijke Rijvereniging en
Ponyclub Kon.Emma
www.koningin-emma.nl



K.H.G.C.C.
www.khgcc.nl



S.V. Snel & Lenig
www.snellenlenig.nl

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For more information:
www.wassenaars-sportcontact.nl
(Partly translated via Google translate)*
